

Resolution SS1617-33

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**A RESOLUTION SUPPORTING LONG-TERM MENTAL HEALTH CARE  
INFORMATION BEING RELEASED AND GREATER STUDENT AWARENESS OF  
UNIVERSITY MENTAL HEALTH SERVICES**

*Whereas*, information about student mental health services is not widely accessible on campus;

*Whereas*, there is need for a greater support system in the University Counseling Center, hereafter UCC;

*Whereas*, 633 students have sought counseling during the 2014-2015 academic year, up 8% from previous years;

*Whereas*, 1,385 students used UCC resources in 2014-2015 compared to 2008-2009 when 984 students used resources, a 41% jump;

*Whereas*, the current UCC services are not constructed to be an available to those students with long-term mental health problems;

*Whereas*, there is a stigma on campus regarding the nature of mental health and mental health problems;

*Whereas*, students from the University of Notre Dame are in a high-stress environment that greatly increases their chances of developing mental health disorders;

*Whereas*, "The University prides itself on being an environment of teaching and learning that fosters the development in its students of those disciplined habits of mind, body, and spirit that characterize educated, skilled, and free human beings," and it has been shown that a prominence of mental health disorders can lead to the deterioration of this very environment;

*Whereas*, the Student Union of the University of Notre Dame du Lac has, in accordance with its purpose and Constitution, put on events in order to increase awareness of mental health resources and has worked to partner with University Health Services and the UCC;

*Be it resolved*, that the Student Senate endorses a move for more information regarding long-term mental health to be released to the Student Body in order to further destigmatize mental health problems and to increase knowledge of available resources;

*Be it further resolved*, that the Student Senate endorses a movement to get better and more consistent resources for those students who require long-term mental health care.

  
Corey Robinson, Student Body President

